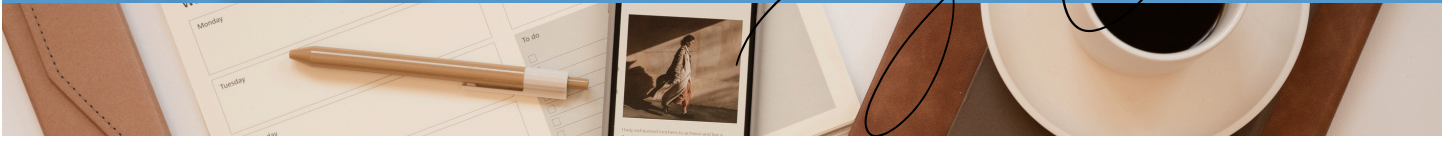


JOURNAL PROMPTS



Creativity can be challenging!

Start here! Answer these questions to get your brain engaged!

What does creativity mean to me?

What were the messages I heard about creativity when I was growing up?

What does the word “artist” mean to me?

What are the first four words I think of when I hear the word “creative”?

Who gets to decide what’s creative?

Reflect on the past two weeks- when was the last time you felt that “flow” of creativity?

What inspires me?

Who inspires me?

Use this space to begin your creative exploration: